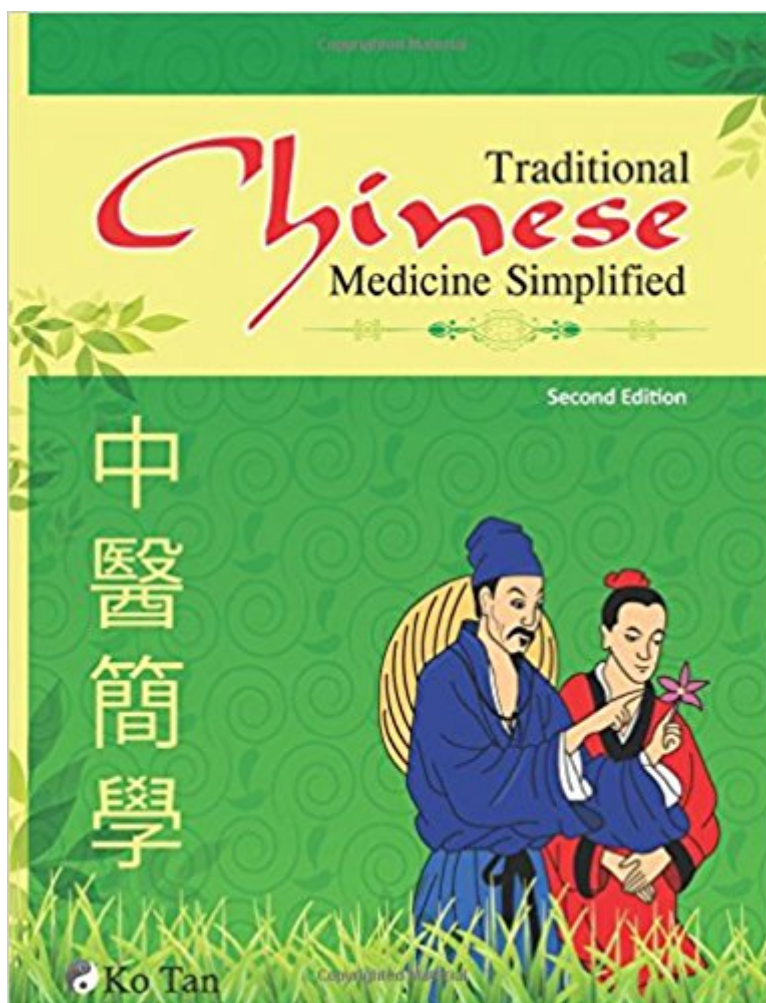




Ebook Directory
the best source of ebook

The book was found

Traditional Chinese Medicine Simplified



Synopsis

This book demystifies the basic concepts of Traditional Chinese Medicine for the Western mind. It simplifies and condenses difficult concepts so that lay people of the West can have a better understanding of this complex subject. The book is written for teachers, students, and the public. The theory section deals with historical facts and the fundamental concepts of TCM. The application section applies the theory of TCM to daily life whether for self-help or for use by the practitioner.

Book Information

Paperback: 120 pages

Publisher: Infinity Publishing; 2 edition (April 21, 2006)

Language: English

ISBN-10: 0741429365

ISBN-13: 978-0741429360

Product Dimensions: 8.5 x 0.3 x 11 inches

Shipping Weight: 13.4 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 3 customer reviews

Best Sellers Rank: #1,890,913 in Books (See Top 100 in Books) #99 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Holistic Medicine #444 in Books > Health, Fitness & Dieting > Alternative Medicine > Chinese Medicine #1583 in Books > Health, Fitness & Dieting > Alternative Medicine > Holistic

Customer Reviews

Of Chinese descent from Malaysia, Ko Tan has had a passion and fascination for Traditional Chinese Medicine since his youth. As a teenager, he would run to the local Chinese herbal pharmacy and ask how to utilize different herbs and about their various purposes. After graduating with a Master's degree in Architecture from the University of Nebraska, he went back to school, studying TCM at Samra University of Oriental Medicine in Los Angeles for 2 years. He then left the field of architecture to open his own practice. Since 1994 Ko Tan has been teaching TCM theory.

I bought this thinking it would be a good, light duty primer and would help me communicate more effectively with my Traditional Chinese Medicine (TCM) trained acupuncturist. But, I think this may be more of a children's book than for adults. Granted, some of the concepts are complex, but I felt the overall tone was so lighthearted it bordered on frivolous. Yes, I learned a thing or two, but I think

the books by Nan Lu are better if you really want an easy to digest synopsis of TCM and how it applies in modern, western culture.

We have a reflexologist who comes to our home every other week to work on my 89-year-old mother, my husband, and myself. Under his care and for the first time in years, my mother is off all pharmaceutical meds, and has perfect blood pressure and cholesterol levels. When I visited China last year, I went to a TCM and was amazed at the accuracy of his diagnosis (better than the naturopath and the primary care physician back home!) so I was mentally open and ready to learn more about TCM. Our reflexologist loaned us his copy of this book and, after reading it, I knew we had to have one of our own. Highly recommend this book for the information provided (although it's not always the easiest reading).

This book is awesome and arrived when I expected it too

[Download to continue reading...](#)

Chinese: Crash Course Chinese - Learn Chinese Fast With a Native Speaker: 500+ Essential Phrases to Build Your Chinese Vocabulary, Chinese, Learn Chinese, Chinese Phrasebook, Mandarin Study Aid Integrated Chinese: Level 2 Part 2 Character Workbook (Traditional & Simplified Chinese Character, 3rd Edition) (Cheng & Tsui Chinese Language Series) (Chinese Edition) Chinese baby book: Where is the Baby: English-Chinese picture book (Simplified Chinese book) (Bilingual Edition) Early Reader Chinese book for ... books for kids) (Volume 7) (Chinese Edition) I Love to Share (English Chinese kids, Chinese children's books): Mandarin kids books, Chinese bilingual books, Chinese baby books (English Chinese Bilingual Collection) (Chinese Edition) Chinese Bilingual Books: I Love to Brush My Teeth (chinese kids books, chinese children's books): English Chinese Children books (Chinese Bilingual Collection) (Chinese Edition) Integrated Chinese: Level 2, Part 1 (Simplified and Traditional Character) Character Workbook (Cheng & Tsui Chinese Language Series) (Chinese Edition) Chinese Children's Books: I Love My Dad (English Chinese Bilingual): chinese bilingual children's books (English Chinese Bilingual Collection) (Chinese Edition) I Love to Tell the Truth (chinese english bilingual,chinese children stories,mandarin kids books): mandarin childrens books,bilingual chinese (Chinese English Bilingual Collection) (Chinese Edition) I Love to Share (mandarin childrens books, chinese baby books): kids books in chinese, chinese children stories, mandarin kids (Chinese Bedtime Collection) (Chinese Edition) I Love to Tell the Truth (chinese kids books, mandarin childrens books): mandarin kids books, kids books in chinese, chinese children's books (Chinese Bedtime Collection) (Chinese

Edition) Welcome to Chinese Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Chinese Recipes (Chinese Cookbook, Chinese Food Made Easy, Healthy Chinese Recipes) (Unlock Cooking, Cookbook [#13]) Chinese Acupuncture and Moxibustion: A Practical English-Chinese Library of Traditional Chinese Medicine Integrated Chinese: Textbook Simplified Characters, Level 1, Part 2 Simplified Text (Chinese Edition) Integrated Chinese: Level 2, Part 1 Workbook (Simplified and Traditional Character, 3rd Edition) (Chinese Edition) Integrated Chinese: Level 2, Part 1 (Simplified and Traditional Character) Textbook (Chinese Edition) Integrated Chinese: Level 1, Part 2 Character Workbook (Traditional & Simplified Character) (Chinese Edition) Integrated Chinese 4th Edition, Volume 1 Character Workbook (Simplified and Traditional Chinese) Character Book for Chinese Link: Beginning Chinese, Traditional & Simplified Character Versions, Level 1/Part 1 China Scene: An Advanced Chinese Multimedia Course (Traditional & Simplified Characters) (English and Mandarin Chinese Edition) Traditional Chinese Medicine Simplified

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)